SWIM IRELAND | An island of swimmers

2026 Irish Winter Championships (25M)

EVENT GUIDE

National Aquatic Centre,

Dublin, Ireland

18th – 20th December 2026

SPORT IRELAND

arena

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MEET CONDITIONS

VENUE INFORMATION

All training and competition will take place in the National Aquatic Centre, Dublin, Ireland.

The National Aquatic Centre is a 10 lane 25m pool. The competition pool has anti-turbulence lane ropes, wedge starting blocks and backstroke ledges.

The warm up/swim down pool is a 25m pool consisting of 6 lanes.

QUALIFICATION CRITERIA AND INFORMATION

Short Course OR converted Long Course times within achieved from the **2nd December 2025 to the 22nd November 2026.**

Conversion method used is ASA-equivalent-time-v1 which is converted within the Fastwave Entry Platform. No other conversion methods will be accepted.

Times must have been achieved in meets licenced at Level 3 or higher to be eligible to be used for entry into this meet.

Qualification times for all athletes can be found further in this document.

Heats may be limited in order to manage session timelines.

Clubs attending offshore meets may nominate these meets for qualification for Irish National Meets. Approval must be sought from Swim Ireland before travel and electronic results must be submitted after the meet.

Irish athletes training offshore must send competition results to their home club for inclusion on their results database and to provide copies of the results to Swim Ireland for qualification for Irish National Meets.

ENTRY INFORMATION

ENTRY DEADLINE

Event Opening date for entries is **Friday 12th November 2026.**

Closing date for **entries and payment** is **5.00pm Wednesday 2nd December 2026.**
STRICTLY NO LATE ENTRIES ACCEPTED

ENTRY FEES

Individual entries cost €14/£13 per event.

Relay entries cost €29/£26 per event.

*Please note that entries are non-refundable once the final date for payment has passed AND accreditations will not be approved/issued until full payment of entries and any outstanding fees have been received.

Entry Method

All entries are to be submitted via ***FastWave*** Swim Management platform, refer to Entry Method Section of this document for further details.

Relay Entries

Clubs are permitted to enter up to two relay teams per event. Relay swimmers must be registered members of the club they are swimming for.

All swimmers competing in a relay team must be included in your meet entry. Swimmers who are not entered in individual events may be added as relay-only swimmers on Fastwave. No swimmer who was not entered in the meet in advance may be added to a relay team on the day of the event.

The names of the 4 relay team members swimming in the race and the order of swimming must be declared on the official Team Declaration Sheet and submitted to the Swim Office Table no later than 60 minutes before the start of the session in which the race takes place. Failure to do so will be subject to a fine of €50 without exception and disqualification of the relay team.

When submitting a relay form a correct entry time should be entered, this is to ensure seeding is correct. If none is provided it will be seeded as a No Time entry and will be seeded in the slowest Heat/Lanes.

All relay teams must have a minimum of 2 swimmers entered in individual events, in order to make up a relay team.

Relay teams that swim in an order that is different from the declared order of swimming shall be disqualified in accordance with WA Rule SW 10.12.

COMPETITORS WITH DISABILITIES

Competitors must have an authorised **World Para Swimming (WPS) Classification, Deaf Sport Ireland National Classification or Down Syndrome International Swimming Organisation Classification** at the time of entry to be considered an athlete with a Disability in this meet, and may enter under the published Consideration Times for that disability.

Where a participant has an eligible impairment recognised by WPS, Deaf Sport Ireland or Down Syndrome International Swimming Organisation ***but does not have Authorised classification***, they may still enter this competition however but must adhere to the Consideration Times as indicated in the **Standard non disability** entry route.

Lane allocation will be seeded by qualification times of both able-bodied and competitors with a disability, exemptions to this can be requested via gala secretary in advance of the competition.

Entry through FastWave

FastWave will display the entry options for which a swimmer is eligible based on their recorded qualification times and classification status.

- Standard Entry: Any swimmer who has achieved the standard Consideration Time will appear eligible under the standard entry option. This may include swimmers who also hold a disability classification.
- Disability Entry: Swimmers whose recognised classification is recorded on their FastWave profile and who have achieved the relevant disability Consideration Time will appear eligible under the applicable disability entry option.

Where a swimmer is eligible under both the standard and disability entry routes, the option selected in FastWave will act as their declaration for that event.

- Selecting the disability entry option declares that the swimmer wishes to compete under the disability pathway for that event and be considered for a Multi-Class (MC) final, where one is available.
- Selecting the standard entry option declares that the swimmer wishes to compete through the standard pathway for that event and be considered for the applicable Male & Open/Female final.

Swimmers may select a different entry route for different events. For example, a swimmer may enter the 100m Butterfly using the disability entry option and the 100m Backstroke using the standard entry option.

Once the competition has commenced, the declaration for an event cannot be changed.

If a swimmer already holds a recognised classification but the relevant disability entry option is not appearing in FastWave, the club should contact the Swim Ireland Competitions Team. The swimmer's classification can then be checked and, where appropriate, added to their FastWave profile.

Para-swimmers – S1-S14

Swimmers entering using the Para disability Consideration Times must hold an authorised **World Para Swimming (WPS) Classification** or an appropriate recognised National Classification.

Irish Para Swimmers entering using the disability Consideration Times must hold the required **National Classification through Paralympics Ireland**.

International Swimmers must provide evidence of their current classification where this is not already recorded or available within FastWave. The classification must be verified and added to the swimmer's FastWave profile before they can appear as eligible under the relevant disability entry standards.

Swimmers with Hearing Impairments – S15

Swimmers entering using the Hearing Impairment Consideration Times must hold the required recognised classification.

Irish Swimmers wishing to enter using the disability Consideration Times must hold the required classification and be registered with **Deaf Sport Ireland**.

For further information regarding classification and registration, please contact

If a swimmer with a hearing impairment requires a strobe light beside their block for their race(s), their team staff must notify either the referee or technical delegate during warm up of that session.

Deaf Sports Ireland - Deaf Village Ireland

International Swimmers must hold the appropriate recognised classification through their relevant national or international deaf sport organisation and may be required to provide evidence of their current classification where this is not already recorded in FastWave.

Swimmers with Down Syndrome – S21

High Performance Down Syndrome Athletes entering using the Down Syndrome Consideration Times must hold the required recognised classification.

Irish Swimmers who wish to enter, must be registered with Down Syndrome International Swimming Organisation.

For further information regarding classification please contact Irish Down Syndrome Swimming Team.

Swimmers should be achieving times close to the relevant qualification standards before contacting the Irish Down Syndrome Swimming Team.

Registration with Down Syndrome International Swimming Organisation can take several months, and the registration deadline is **60 days before the event in which the swimmer will participate**.

International swimmers must hold the appropriate **Down Syndrome International Swimming Organisation classification/registration** and may be required to provide evidence of their current classification where this is not already recorded in FastWave.

ENTRY METHOD

All entries must be submitted through FastWave; Hy-Tek entry files submitted by email **will not** be accepted.

Follow the instructions provided in this document and in the **FastWave Entry Guides** which are available on our website. They explain in detail how Clubs can submit their entries via **http://www.fastwave.ie/events**

We strongly advise that, if you do not already have a Fastwave account, you create one well in advance of the entry deadlines. Refer to Fastwave instruction Guides available to view from the competition webpage. Should you experience any difficulties, please contact support@fastwave.ie for assistance.

A Hy-Tek Event file is available for **Club information purposes only** and **must not** be used for entry submission.

⚠ IMPORTANT: TIME CONVERSIONS

Times in the Hy-Tek Event file are not supplied as converted times. If your Club software displays converted times after importing the file, these conversions are being generated by your own software using its own conversion settings and may therefore differ from the times accepted for entry.

FastWave uses ASA-equivalent-time-v1 for all entry conversions. No other conversion method will be accepted. A Time Converter tool is available on the Fastwave website Swim Time Converter — FastWave

Please refer to Appendix 3 for accepted LC conversion times.

Swim Ireland Clubs

Step 1 – Set Up Club Coordinator Account on Fastwave

The Club Coordinator is a club administrator account.

Only club committee members can register as a Coordinator. Registration for this role is on the basis that the individual has been duly appointed to a club committee role, is subject to the relevant Code of Conduct, and has been authorised by their club to access member details.

You must enter:
Your Swim Ireland membership registered email address (JustGo)
Your membership number

⚠️ **This account type requires approval*.** ✅ **Once approved by Swim Ireland, Fastwave will add you as a Club Coordinator for your club on their database, you can then proceed to complete Registration on Fastwave.**

**Club Coordinators will have access to club members' personal details. To meet GDPR and data protection requirements, Swim Ireland must verify that the person requesting access is an authorised club committee member with permission to access this information before the account can be approved.*

Go to the ***Fastwave*** Registration https://fastwave.ie/ follow the "**How To – Register and set up your Club Coordinator Account**" Instructions are also provided on the webpage.

Queries, questions or any assistance required in relation to the setting up your account on the entry platform should be directed to – support@fastwave.ie

Step 2 – Submit your Entries

Fastwave is directly linked to the Swim Ireland JustGo database. The Club Coordinator will have access to all current Competitive Swimmers in their club under "My Swimmers".

Go to the ***Fastwave*** Events https://fastwave.ie/events to see what events are now live and open for entry.

All entries for must be submitted within Fastwave. No other entry method is permitted.

Follow the "**How To – Submit Entries to Competitions with Entry Qualification Standards**" Instructions provided on the webpage.

- Search for the Meet that you wish to submit entries, click the "Enter Meet" option for the Meet.
- Swimmers will only appear eligible to enter National meets if their achieved qualification times are uploaded to the National Results Database.
- Converted times where allowed – Entry times are converted automatically within the software using ASA-Equivalent-Time Algorithm - v1. No other conversion methods will be accepted.
- To enter swimmers in events, selected the events they wish to enter. *Each event you add appears under Draft entries and in your cart. Drafts are kept for you, so you can finish later.* ***Draft*** *entries are* ***NOT*** *entered in the meet. They're only entered once you click Continue to checkout and pay.*
- Tick " relay events" and add your swimmers to those events. Follow the prompts to add your entries to your entries cart. Refer to the Fastwave Guide for further instruction if required.

Step 3 – Payment

Entry fees must be paid by the Closing date deadline. Entries are not accepted into the meet until payment has been received by Swim Ireland.

- Payment may be made via Fastwave by Card upon checkout, processing charge will be applied. All entries paid by card may be considered to be accepted immediately upon payment.

  OR

- Clubs may choose to pay by Bank Transfer at checkout and must select the currency in which they intend to pay (Euro or Sterling). An invoice will then be generated. Payment must be received by Swim Ireland before the entry closing and payment deadline. Entries paid by Bank Transfer will be considered provisional until payment has been received and confirmed by Swim Ireland.

UK & International Federation Members

Overseas athletes must be entered by a Club representative through FastWave. The Club representative must first contact the Swim Ireland Competitions Team, entries@swimireland.ie. to seek approval for their FastWave Club Coordinator account. Submission of the athlete's entry by the Club will then serve as confirmation that the athlete has the Club's permission to attend and compete in the event.

Step 1 – Set Up Club Coordinator Account on Fastwave

The Club Coordinator is a club administrator account.

Register and account on Fastwave: ADD LINK

Include: International Federation Membership number, Club details, Club Code etc.

✅ **Once approved by Swim Ireland, Fastwave will add your approved details to their database**, you can then proceed to login to your Fastwave Account.

Follow the "**How To – Register and set up your International Club Coordinator Account**" linked on the webpage if required.

Queries, questions or any assistance required in relation to the setting up your account on the entry platform should be directed to – support@fastwave.ie

Step 2 – Add Swimmers & Proof entry times to your club

The Club Coordinator will have access to all current Competitive Swimmers in their club under "My Swimmers".

There are two options to Add swimmers and Proof off entry times into your account.

Option 1 – Import Electronic Results or Proof time files for all your swimmers. This can be done by importing Hy-tek or Lenox Results files into Fastwave. See links to how to do this using various Entry Software packages. Once imported your Athletes will automatically be imported to the "My Swimmers" section of the app.

https://hytek.active.com/User_Guides_HTML/SwTM8/HTML/exportproofoftime.htm

https://motion-help.sportsengine.com/en/articles/8537618-team-manager-export-instructions

UK clubs - How can I get data from SPORTSYSTEMS into another system?

https://wiki.swimrankings.net/index.php/swimrankings:Lenex

Option 2 – Manually Add Swimmers and Results

- To add swimmers, got to "**My Swimmers**", click the **+Add swimmers** option and input swimmers details.
- To add Results Go to **Proof times** to add -
  a. Import Electronic Results click the +Electronic Results and/or
  b. Manually Add times and include link to official results webpage.

Proof times will be checked and approved by Swim Ireland.

Step 3 – Submit your Entries

Once Proof times are approved, you can then submit your entries.
Go to the ***My Entries***

Follow the "**How To – Submit Entries to Competitions with Entry Qualification Standards**" Instructions provided on the webpage.

- Search for the Meet that you wish to submit entries, click the "Enter Meet" option for the Meet.
- Swimmers will only appear eligible to enter National meets if their achieved qualification times are uploaded to the National Results Database.
- Converted times where allowed – Entry times are converted automatically within the software using ASA-Equivalent-Time Algorithm - v1. No other conversion methods will be accepted.
- To enter swimmers in events, selected the events they wish to enter. *Each event you add appears under Draft entries and in your cart. Drafts are kept for you, so you can finish later.* ***Draft*** *entries are* ***NOT*** *entered in the meet. They're only entered once you click Continue to checkout and pay.*
- Tick " relay events" and add your swimmers to those events. Follow the prompts to add your entries to your entries cart. Refer to the Fastwave Guide for further instruction if required.

Step 4 – Payment

Entry fees must be paid by the Closing date deadline. Entries are not accepted into the meet until payment has been received by Swim Ireland.

- Payment may be made via Fastwave by Card upon checkout, processing charge will be applied. All entries paid by card may be considered to be accepted immediately upon payment.

OR

Clubs may choose to pay by Bank Transfer at checkout and must select the currency in which they intend to pay (Euro or Sterling). An invoice will then be generated. Payment must be received by Swim Ireland before the entry closing and payment deadline. Entries paid by Bank Transfer will be considered provisional until payment has been received and confirmed by Swim Ireland.

SWIMMING COMPETITION FORMAT

The competition will consist of the following:

Full Olympic Programme plus 100m Individual Medley. 4x50m Medal relay and 4x50m Freestyle relay events per gender plus 4x50m Mixed Medley relays and 4x50m Freestyle Mixed relays.

- All Individual Events up to and including 400m will have A, and B finals (as indicated below)
- 800m/1500m Events will be HDW events. The Fastest 10 Male & Open athletes and Fastest 10 Female athletes will race in the evening session with all other athletes racing in a combined event in the morning session
- All Relays will be HDW Events racing in the morning session

Finals

- **Championship 'A' Final –** Fastest 10 athletes from the heats (all ages, maximum of two non-Irish athletes within this final)
- **'B' Final** – Athletes ranked 11th – 20th from the Heats (all ages, maximum of two non-Irish athletes within this final) where 26 or more athletes compete in the heats of the event, and, following withdrawals, a minimum of 6 athletes remain. If lanes would otherwise be empty, additional non-Irish athletes may be offered an opportunity to compete
- **Relays –** A maximum of two relay teams ('A' and 'B') can be entered per club per relay event. There are no age categories in relays

Awards

All Ages Awards – Male & Open & Female All Ages (Irish & Commemorative). Other than in HDW events, times achieved in A Finals only will be considered in the awarding of All Ages medals.
Junior Awards – Male & Open & Female born 2008 or later (Irish only). Times achieved in Championship A Finals supersede times achieved in B Finals and times achieved in the Heats in the awarding of Junior medals

Top Club Award - The Top Club award will be presented to the highest scoring club using the Hytek Quality Club scoring method which ranks teams by the average score of each athlete. The average score will be factored on a team size of 8 athletes as a minimum. Clubs can only score in one relay per relay event

TEAM INFORMATION

A Meet specific **Team Information** document will be issued to all Individuals/Gala secretaries who submit entries on behalf of swimmers/clubs for this event, once all entries have been processed and confirmed. This document must be forwarded by the recipient to all swimmers, team managers, and coaches attending the event as it contains the most up to date important information for this meet including the link to the Team Leaders zoom meeting, withdrawal form, Session times, Accreditation process to be followed, Officials Rota, links to WhatsApp communication group etc.

SWIM IRELAND TRANSGENDER POLICY

Please note that this competition will be run under the stipulations of the Swim Ireland Transgender and Non-Binary Participation and Competition Policy.

Female Category – athletes with a birth sex of female

Male & Open Category – athletes with a birth sex of male, trans or non-binary competitors and any competitor not eligible for the Female category

Further information on this can be found in the Policies section on the Swim Ireland website

COMPETITION RULES

Read these Meet Conditions alongside the Swim Ireland General Event Rules, available here. If the two conflict, these Meet Conditions take precedence.

Please note that the Swim Ireland Eligibility Policy will be enforced at this competition

Withdrawals

All withdrawals must be submitted via Fastwave up to the Day 1 withdrawal deadline.

Day 1: Withdrawals must be submitted via **Fastwave** by **1pm on Thursday 17th December**.

Days 2 and 3: Withdrawals must be submitted at the **Swim Office Desk poolside** at the event by **6pm on the preceding day.** For example, Day 2 withdrawals must be submitted by 6pm on Day 1.

Finals: Any swimmer who does not intend to compete in a final must be withdrawn within 30 minutes of the announcement of the results of the relevant event.

There will be a €50 fine if swimmers are not withdrawn within 30 minutes of the announcement of the results of an event for the final that evening or by 6pm for an event for the next day.

Swimsuits

It is not a requirement for swimmers to be wearing WA approved swimwear in this competition.

World Aquatic Approved Swim Wear Policy

Anti-Doping

It is a condition of attending a Swim Ireland event that athletes may be required to be tested for prohibited substances in accordance with the Sport Ireland/WADA/World Aquatics Anti-Doping rules.

Further information can be found at Sport Ireland Anti-Doping.

Pre-Competition Training Session

There will be limited pool availability for a pre competition training session on Thursday 17th December from 17.00 – 19.00.

OFFICIALS

Where we do not have the required number of licenced officials available for a session, clubs will be assigned roles based on the ratio of 4:1 (4 Athletes to 1 Official) in that session. **Please note that this will be based on clubs' original entry list.*

As per Swim Ireland's new officials' uniform, officials are asked to wear black bottoms. T-shirts will be provided.

Clubs assigned an Officials role, should ensure they supply a qualified Club Officials to act as their Official. This is in the best interest of your swimmers and is designed to help ensure that backup times from the stopwatches are as accurate as possible should they be required. The Club Officials (e-Learning) course can be booked HERE and takes approximately 90min to complete.

ACCREDITATION

Athletes and Team Staff will only be permitted poolside if they can show official accreditation. This is for the safety and wellbeing of ALL athletes participating in events or activities under the umbrella of Swim Ireland, there are certain requirements for visiting adult team staff attending competitions, see below.

Accreditation lanyards & pouches can be picked up at the accreditation desk at the venue from the morning of Day 1. We would encourage swimmers and clubs to reuse lanyards and pouches from previous competitions.

Athlete Accreditation (Both Irish and International)

Athlete accreditation will be produced through Fastwave. Accreditation passes will become available to Club Administrators once:

- the athlete's entry has been accepted;
- the entry has been marked as paid; &
- a photo has been added to the athlete's profile.

Once these requirements have been completed, the accreditation pass will be immediately available for Club Administrators to download.

Irish Based Clubs Staff Accreditation

Accreditation will be produced through the JustGo-Membership system. Club administrators will need to apply for accreditation for Team managers & Coaches.

Please ensure that all **Team Managers and Coaches** meet the requirements for accreditation through **JustGo**.

- Team Managers and Coaches must have a **profile photo added to their JustGo profile**. Accreditation cannot be produced without a photo.
- They must have valid **Garda Vetting, Safeguarding and the required Qualifications** for their role.
- The **Swim Club they are representing at the competition must be selected as their primary club** on JustGo.
- Accreditation will be sent to the **primary club** listed on the individual's JustGo profile.

For example, if a staff member is linked to both a Swim Club and a Water Polo Club, but the Water Polo Club is listed as their primary club, **their accreditation will be sent to the Water Polo Club rather than the Swim Club they are representing at the competition**.

Overseas Team Staff

Accreditation for Overseas Team Staff will be managed through Fastwave.

Clubs must add each Team Manager and Coach to their club profile under Club Staff and upload the required supporting documentation for each individual.

A recent profile photograph must also be added for each member of Team Staff.

The following must be provided by the club/national federation for each visiting individual:
1. Proof of membership of a WA registered national federation
2. Attendance at a child protection/safeguarding course within the last three (3) years of the prospective event being attended. This must be approved by the same national federation as above.
3. Verification/copy of a vetting or police check (or equivalent) having been undertaken within three (3) years of the prospective event being attended. The vetting or police check (or equivalent) process must be as accepted by

the same national federation as above. In line with current legislation, valid Disclosure Certificates/PVG/CRB from any other agency, will not be accepted *

Note*
In the absence of any vetting process being available from the national federation, a letter of good standing from their national federation will be required. The letter of good standing must be dated within the 3 months prior to the start date of the Swim Ireland competition.

Once the required information and documentation have been added, the club may then apply for accreditation passes through Fastwave. Once the accreditation has been approved, the passes will be available for the club to download and print.

International Permit Requirements

Overseas teams and athletes should also check the requirements **of their own National Federation**. Some National Federations require individuals or teams competing overseas to obtain permission by completing an International Permit application.

SAFEGUARDING INFORMATION

The primary safeguarding point of contact at the event in relation to wellbeing and protection matters or accidents is the Meet Director. The secondary point of contact is Kate Hills, Swim Irelands Head of Safeguarding, Ethics & Youth Development **katehills@swimireland.ie**

PHOTOGRAPHY

It is a condition of attending a Swim Ireland event that swimmers accept they may be photographed or filmed as part of the occasion, either as an individual or as a member of a group. Swimmers may also appear in a photograph or video inadvertently. Parents and swimmers must accept this. All photography and/or filming must be in accordance with Swim Ireland Guidelines.

All devices capable of taking photographs or videos must be switched off when using toilet or changing facilities at any competition venue. Refer to the Full policy **here**

Photographs cannot be taken at this event without first having registered the photographer and device at the administration desk. Photographic ID must be presented at registration. A wristband will be given to all those who successfully register a photography device. The wristband must be worn at all times. Once registered, photographs are only permitted from the balcony or in the reception area. **Photos are not permitted on poolside.**

CODES OF CONDUCT

All competitors, parents/guardians, coaches/Teachers and volunteers/officials, participating in such events must be aware of and adhere to Swim Ireland's Codes of Conducts. Codes of Conduct - Click Here Participation in or attendance at the event constitutes acceptance of, and agreement to comply with, these Codes of Conduct.

DATA PROTECTION

Swim Ireland, its Regions and affiliated clubs use software systems to manage competition entries, results, rankings, records and swimmer competition histories. Personal data is processed for the purposes of administering and governing the sport in accordance with applicable data protection legislation and Swim Ireland's Privacy Notice.

Personal data processed for competition purposes may include a swimmer's name, date of birth, club affiliation, Swim Ireland registration number, entry times, achieved times, rankings, records and any disqualification codes.

Certain elements of this data, including name, club, age category, entry times and achieved times, may be published before, during and after the competition in start lists, programmes, results, rankings, records, Meet Mobile and other competition-related publications, including digital and social media channels. This information may be retained as part of the official competition record.

Entry to the competition constitutes acceptance of the collection, processing and publication of competition information, including entries, start lists and results, as required for the administration of the event.

COMPETITION RULES

These Meet Conditions must be read together with the Swim Ireland General Event Rules, available on the Swim Ireland website.

Regulations and Safety - Swim Ireland

If there is any conflict or inconsistency between the two, these Meet Conditions take precedence.

EVENT CONTACT

General information or questions should be directed to entries@swimireland.ie.

Queries or questions relating to the entry platform should be directed to support@fastwave.ie.

Queries via any other route may not receive attention.

Appendix 1 - COMPETITION SCHEDULE

Day 1 Friday 18th December	Day 2 Saturday 19th December	Day 3 Sunday 20th December
Session 1 Heats **Male & Open Warm Up 07.45-0.830;** **Female Warm Up 08.35-0.920** **Start 09.30**	**Session 3 Heats (Fastest)** **Female Warm Up 07.45-08.30;** **Male & Open Warm Up 08.35-09.20** **Start 09.30**	**Session 5 Heats (Fastest)** **Male & Open Warm Up 07.45-08.30;** **Female Warm Up 08.35-09.20** **Start 09.30**
Male & Open 50m Backstroke Female 50m Backstroke Male & Open 200m IM Female 200m IM Male & Open 100m Freestyle Female 100m Freestyle Male & Open 200m Butterfly Female 200m Butterfly Male & Open 100m Breaststroke Female 100m Breaststroke Mixed 800m Freestyle HDW Male & Open 200m Freestyle Relay HDW Female 200m Freestyle Relay HDW	Mixed 200m Medley Relay HDW Female 100m Backstroke Male & Open 100m Backstroke Female 400m IM Male & Open 400m IM Female 50m Butterfly Male & Open 50m Butterfly Female 200m Freestyle Male & Open 200m Freestyle Female 200m Breaststroke Male & Open 200m Breaststroke Mixed 1500m Freestyle HDW Mixed 200m Freestyle Relay HDW	Male & Open 200m Backstroke Female 200m Backstroke Male & Open 50m Freestyle Female 50m Freestyle Male & Open 50m Breaststroke Female 50m Breaststroke Male & Open 100m Butterfly Female 100m Butterfly Male & Open 100m IM Female 100m IM Male & Open 400m Freestyle Female 400m Freestyle Male & Open 200m Medley Relay HDW Female 200m Medley Relay HDW
Session 2 Finals **Warm Up 15.30-16.50** **Start 17.00**	**Session 4 Finals** **Warm Up 15.30-16.50** **Start 17.00**	**Session 6 Finals** **Warm Up 15.30-16.50** **Start 17.00**
Male & Open 50m Backstroke B & A Finals Female 50m Backstroke B & A Finals Male & Open 200m IM B & A Finals Female 200m IM B & A Finals Male & Open 800m Freestyle Fastest Heat Female 800m Freestyle Fastest Heat Male & Open 100m Freestyle B & A Finals Female 100m Freestyle B & A Finals Male & Open 200m Butterfly B & A Finals Female 200m Butterfly B & A Finals Male & Open 100m Breaststroke B & A Finals Female 100m Breaststroke B & A Finals	Female 100m Backstroke B & A Finals Male & Open 100m Backstroke B & A Finals Female 1500m Freestyle Fastest Heat Male & Open 1500m Freestyle Fastest Heat Female 50m Butterfly B & A Finals Male & Open 50m Butterfly B & A Finals Female 200m Freestyle B & A Finals Male & Open 200m Freestyle B & A Finals Female 200m Breaststroke B & A Finals Male & Open 200m Breaststroke B & A Finals Female 400m IM B & A Finals Male & Open 400m IM B & A Finals	Male & Open 200m Backstroke B & A Finals Female 200m Backstroke B & A Finals Male & Open 50m Freestyle B & A Finals Female 50m Freestyle B & A Finals Male & Open 50m Breaststroke B & A Finals Female 50m Breaststroke B & A Finals Male & Open 100m Butterfly B & A Finals Female 100m Butterfly B & A Finals Male & Open 100m IM B & A Final Female 100m IM B & A Final Male & Open 400m Freestyle B & A Finals Female 400m Freestyle B & A Finals

Appendix 2 – SC Entry Qualification Standards

SC ENTRY QUALIFICATION STANDARDS

(Short Course OR converted Long Course times achieved from the 2nd December 2025 to 22nd November 2026)

Times in Table are SC times.

MALE & OPEN AGES				FEMALE AGES		
Born 2010 - 2013	Born 2008 & 2009	Born 2007 & Earlier	Event	Born 2007 & Earlier	Born 2008 & 2009	Born 2010 - 2013
25.39	24.57	24.27	50m Freestyle	27.69	27.89	28.21
55.31	54.08	53.38	100m Freestyle	59.80	59.84	1:01.03
2:02.88	1:58.62	1:57.63	200m Freestyle	2:11.80	2:12.91	2:13.02
4:21.35	4:13.68	4:10.69	400m Freestyle	4:36.80	4:40.53	4:44.78
9:09.52	9:05.77	8:55.77	800m Freestyle	9:32.88	9:40.25	9:44.84
17:36.28	17:28.96	16:48.56	1500m Freestyle	18:17.82	18:55.95	19:03.29
29.57	28.45	27.78	50m Backstroke	31.41	32.09	32.12
1:03.44	1:01.77	1:00.64	100m Backstroke	1:07.26	1:09.16	1:09.17
2:19.28	2:16.94	2:16.51	200m Backstroke	2:26.87	2:27.95	2:29.70
33.59	31.89	30.81	50m Breaststroke	35.63	36.23	36.50
1:12.93	1:09.80	1:08.32	100m Breaststroke	1:17.69	1:18.08	1:19.01
2:40.44	2:33.28	2:31.64	200m Breaststroke	2:51.10	2:52.73	2:52.74
27.82	26.63	26.30	50m Butterfly	30.01	30.07	30.47
1:02.39	1:00.25	0:59.34	100m Butterfly	1:07.59	1:07.60	1:09.14
2:23.34	2:20.73	2:19.56	200m Butterfly	2:43.25	2:44.05	2:44.06
1:05.94	1:02.37	1:01.59	100m IM	1:09.69	1:10.22	1:10.47
2:20.73	2:16.97	2:14.02	200m IM	2:29.72	2:30.19	2:32.16
5:03.94	4:57.44	4:53.43	400m IM	5:24.39	5:26.30	5:30.69

Heats may be limited in order to manage session timelines.

Conversion method used is ASA-equivalent-time-v1 which is converted within the Fastwave Entry Platform. No other conversion methods will be accepted.

SC PARA SWIMMER QUALIFICATION STANDARDS

Athletes with an S1-S3 classification please contact entries@swimireland.ie for entry consideration - **Times in Table are SC times.**

MALE & OPEN AGES			S4	FEMALE AGES		
Born 2010 - 2013	Born 2008 & 2009	Born 2007 & Earlier	Event	Born 2007 & Earlier	Born 2008 & 2009	Born 2010 - 2013
01:05.88	01:04.28	01:02.71	50m Freestyle	01:54.81	01:57.68	02:00.62
02:34.84	02:31.06	02:27.38	100m Freestyle	03:45.80	03:51.44	03:57.23
05:35.67	05:27.49	05:19.50	200m Freestyle	05:58.78	06:07.75	06:16.94
			400m Freestyle			
01:31.71	01:29.47	01:27.29	50m Backstroke	01:20.42	01:22.43	01:24.49
			100m Backstroke			
			50m Breaststroke			
03:16.04	03:11.25	03:06.59	100m Breaststroke	03:01.68	03:06.22	03:10.88
			50m Butterfly			
			100m Butterfly			
			200m IM			

MALE & OPEN AGES			S5	FEMALE AGES		
Born 2010 - 2013	Born 2008 & 2009	Born 2007 & Earlier	Event	Born 2007 & Earlier	Born 2008 & 2009	Born 2010 - 2013
00:46.50	00:45.37	00:44.26	50m Freestyle	00:58.38	00:59.84	01:01.34
01:53.02	01:50.26	01:47.57	100m Freestyle	02:04.50	02:07.61	02:10.80
03:35.47	03:30.22	03:25.09	200m Freestyle	04:33.23	04:40.06	04:47.06
			400m Freestyle			
01:09.80	01:08.10	01:06.44	50m Backstroke	01:04.94	01:06.56	01:08.23
			100m Backstroke			
			50m Breaststroke			
02:12.01	02:08.79	02:05.65	100m Breaststroke	03:06.15	03:10.80	03:15.57
00:56.75	00:55.37	00:54.02	50m Butterfly	01:22.09	01:24.14	01:26.25
			100m Butterfly			
04:17.11	04:10.84	04:04.72	200m IM	05:09.78	05:17.52	05:25.46

MALE & OPEN AGES			S6	FEMALE AGES		
Born 2010 - 2013	Born 2008 & 2009	Born 2007 & Earlier	Event	Born 2007 & Earlier	Born 2008 & 2009	Born 2010 - 2013
00:38.64	00:37.70	00:36.78	50m Freestyle	00:46.34	00:47.50	00:48.69
01:24.05	01:22.00	01:20.00	100m Freestyle	01:42.41	01:44.97	01:47.59
			200m Freestyle			
07:12.66	07:02.11	06:51.81	400m Freestyle	09:29.07	09:43.30	09:57.88
			50m Backstroke			
01:45.82	01:43.24	01:40.72	100m Backstroke	02:01.34	02:04.37	02:07.48
			50m Breaststroke			
02:04.81	02:01.77	01:58.80	100m Breaststroke	02:54.45	02:58.81	03:03.28
00:48.70	00:47.51	00:46.35	50m Butterfly	01:01.05	01:02.58	01:04.14
			100m Butterfly			
03:54.00	03:48.29	03:42.72	200m IM	04:02.80	04:08.87	04:15.09

Conversion method used is ASA-equivalent-time-v1 which is converted within the Fastwave Entry Platform. No other conversion methods will be accepted.

SC PARA SWIMMER QUALIFICATION STANDARDS

MALE & OPEN AGES			S7	FEMALE AGES		
Born 2010 - 2013	Born 2008 & 2009	Born 2007 & Earlier	Event	Born 2007 & Earlier	Born 2008 & 2009	Born 2010 - 2013
00:35.92	00:35.04	00:34.19	50m Freestyle	00:44.31	00:45.42	00:46.55
01:20.74	01:18.77	01:16.85	100m Freestyle	01:33.55	01:35.89	01:38.29
			200m Freestyle			
07:09.91	06:59.42	06:49.19	400m Freestyle	07:22.64	07:33.71	07:45.05
			50m Backstroke			
01:37.17	01:34.80	01:32.49	100m Backstroke	02:53.39	02:57.72	03:02.17
			50m Breaststroke			
02:10.26	02:07.08	02:03.98	100m Breaststroke	02:11.94	02:15.24	02:18.62
00:45.65	00:44.54	00:43.45	50m Butterfly	01:11.66	01:13.45	01:15.29
			100m Butterfly			
03:59.35	03:53.52	03:47.82	200m IM	04:04.51	04:10.62	04:16.89

MALE & OPEN AGES			S8	FEMALE AGES		
Born 2010 - 2013	Born 2008 & 2009	Born 2007 & Earlier	Event	Born 2007 & Earlier	Born 2008 & 2009	Born 2010 - 2013
00:33.54	00:32.72	00:31.92	50m Freestyle	00:39.09	00:40.07	00:41.07
01:12.10	01:10.35	01:08.63	100m Freestyle	01:25.00	01:27.12	01:29.30
			200m Freestyle			
05:52.88	05:44.28	05:35.88	400m Freestyle	06:25.39	06:35.02	06:44.90
			50m Backstroke			
01:23.38	01:21.34	01:19.36	100m Backstroke	01:51.59	01:54.38	01:57.24
			50m Breaststroke			
01:39.14	01:36.72	01:34.36	100m Breaststroke	01:53.10	01:55.93	01:58.83
			50m Butterfly			
01:25.15	01:23.08	01:21.05	100m Butterfly	02:10.84	02:14.11	02:17.46
03:08.32	03:03.73	02:59.25	200m IM	03:35.23	03:40.61	03:46.13

MALE & OPEN AGES			S9	FEMALE AGES		
Born 2010 - 2013	Born 2008 & 2009	Born 2007 & Earlier	Event	Born 2007 & Earlier	Born 2008 & 2009	Born 2010 - 2013
00:29.31	00:28.60	00:27.90	50m Freestyle	00:33.02	00:33.85	00:34.69
01:04.41	01:02.84	01:01.31	100m Freestyle	01:11.23	01:13.01	01:14.84
			200m Freestyle			
05:12.53	05:04.91	04:57.47	400m Freestyle	05:34.38	05:42.74	05:51.31
			50m Backstroke			
01:17.00	01:15.12	01:13.29	100m Backstroke	01:25.93	01:28.08	01:30.28
			50m Breaststroke			
01:25.38	01:23.30	01:21.27	100m Breaststroke	01:38.84	01:41.31	01:43.84
			50m Butterfly			
01:12.70	01:10.93	01:09.20	100m Butterfly	01:24.90	01:27.02	01:29.20
02:48.13	02:44.03	02:40.03	200m IM	03:04.19	03:08.79	03:13.51

MALE & OPEN AGES			S10	FEMALE AGES		
Born 2010 - 2013	Born 2008 & 2009	Born 2007 & Earlier	Event	Born 2007 & Earlier	Born 2008 & 2009	Born 2010 - 2013
00:29.38	00:28.66	00:27.96	50m Freestyle	00:33.85	00:34.70	00:35.56
01:04.57	01:03.00	01:01.46	100m Freestyle	01:11.41	01:13.20	01:15.03
			200m Freestyle			
05:16.07	05:08.36	05:00.84	400m Freestyle	05:54.72	06:03.59	06:12.68
			50m Backstroke			
01:21.35	01:19.37	01:17.43	100m Backstroke	01:31.93	01:34.23	01:36.58
			50m Breaststroke			
			100m Breaststroke			
			50m Butterfly			
01:13.18	01:11.39	01:09.65	100m Butterfly	01:29.56	01:31.80	01:34.09
02:53.03	02:48.81	02:44.69	200m IM	03:09.65	03:14.39	03:19.25

Conversion method used is ASA-equivalent-time-v1 which is converted within the Fastwave Entry Platform. No other conversion methods will be accepted.

SC PARA SWIMMER QUALIFICATION STANDARDS

MALE & OPEN AGES			S11	FEMALE AGES		
Born 2010 - 2013	Born 2008 & 2009	Born 2007 & Earlier	Event	Born 2007 & Earlier	Born 2008 & 2009	Born 2010 - 2013
00:32.95	00:32.14	00:31.36	50m Freestyle	00:46.12	00:47.27	00:48.45
01:14.55	01:12.73	01:10.96	100m Freestyle	01:49.35	01:52.08	01:54.89
			200m Freestyle			
06:16.84	06:07.65	05:58.68	400m Freestyle	07:13.90	07:24.75	07:35.87
			50m Backstroke			
01:35.17	01:32.84	01:30.58	100m Backstroke	01:41.28	01:43.81	01:46.41
			50m Breaststroke			
01:49.45	01:46.78	01:44.18	100m Breaststroke	01:56.00	01:58.90	02:01.87
			50m Butterfly			
01:36.55	01:34.20	01:31.90	100m Butterfly			
03:45.67	03:40.17	03:34.80	200m IM	03:44.56	03:50.17	03:55.93

MALE & OPEN AGES			S12	FEMALE AGES		
Born 2010 - 2013	Born 2008 & 2009	Born 2007 & Earlier	Event	Born 2007 & Earlier	Born 2008 & 2009	Born 2010 - 2013
00:29.61	00:28.88	00:28.18	50m Freestyle	00:41.00	00:42.03	00:43.08
01:04.76	01:03.18	01:01.64	100m Freestyle	01:49.65	01:52.39	01:55.20
			200m Freestyle			
			400m Freestyle			
			50m Backstroke			
01:40.16	01:37.71	01:35.33	100m Backstroke	01:54.14	01:56.99	01:59.92
			50m Breaststroke			
01:36.22	01:33.87	01:31.58	100m Breaststroke	02:41.35	02:45.38	02:49.52
			50m Butterfly			
01:19.43	01:17.49	01:15.60	100m Butterfly	01:37.38	01:39.81	01:42.31
			200m IM			

MALE & OPEN AGES			S13	FEMALE AGES		
Born 2010 - 2013	Born 2008 & 2009	Born 2007 & Earlier	Event	Born 2007 & Earlier	Born 2008 & 2009	Born 2010 - 2013
00:28.51	00:27.82	00:27.14	50m Freestyle	00:34.80	00:35.67	00:36.56
01:02.46	01:00.94	00:59.45	100m Freestyle	01:16.97	01:18.89	01:20.87
			200m Freestyle			
05:25.12	05:17.19	05:09.45	400m Freestyle	06:06.44	06:15.60	06:24.99
			50m Backstroke			
01:24.16	01:22.10	01:20.10	100m Backstroke	02:01.46	02:04.50	02:07.61
			50m Breaststroke			
01:30.32	01:28.12	01:25.97	100m Breaststroke	01:46.58	01:49.24	01:51.98
			50m Butterfly			
01:13.94	01:12.14	01:10.38	100m Butterfly	01:27.82	01:30.02	01:32.27
02:50.99	02:46.82	02:42.75	200m IM	03:24.94	03:30.06	03:35.32

MALE & OPEN AGES			S14	FEMALE AGES		
Born 2010 - 2013	Born 2008 & 2009	Born 2007 & Earlier	Event	Born 2007 & Earlier	Born 2008 & 2009	Born 2010 - 2013
			50m Freestyle			
			100m Freestyle			
02:16.67	02:13.33	02:10.08	200m Freestyle	02:31.65	02:35.44	02:39.33
			400m Freestyle			
			50m Backstroke			
01:12.01	01:10.25	01:08.54	100m Backstroke	01:31.93	01:34.23	01:36.58
			50m Breaststroke			
01:20.90	01:18.93	01:17.00	100m Breaststroke	01:36.95	01:39.37	01:41.86
			50m Butterfly			
01:08.96	01:07.28	01:05.64	100m Butterfly	01:25.95	01:28.10	01:30.30
02:37.24	02:33.40	02:29.66	200m IM	03:01.20	03:05.73	03:10.37

Conversion method used is ASA-equivalent-time-v1 which is converted within the Fastwave Entry Platform. No other conversion methods will be accepted.

SC ENTRY STANDARDS FOR ATHLETES WITH HEARING IMPAIRMENTS

(Short Course OR converted Long Course times achieved from the 2nd December 2025 to 22nd November 2026)

Times displayed in table are SC times

MALE & OPEN	Event	FEMALE
00:30.06	50m Freestyle	00:34.11
01:06.87	100m Freestyle	01:14.88
02:27.26	200m Freestyle	02:42.34
05:10.23	400m Freestyle	05:54.54
10:52.81	800m Freestyle	11:53.96
20:40.51	1500m Freestyle	22:25.03
00:33.90	50m Backstroke	00:38.48
01:16.86	100m Backstroke	01:26.32
02:46.50	200m Backstroke	03:06.26
00:36.09	50m Breaststroke	00:45.03
01:19.46	100m Breaststroke	01:34.22
02:53.16	200m Breaststroke	03:28.42
00:32.34	50m Butterfly	00:36.92
01:10.62	100m Butterfly	01:21.12
02:44.11	200m Butterfly	03:04.29
02:44.75	200m IM	03:04.91
05:46.11	400m IM	06:40.92

Heats may be limited in order to manage session timelines.

Conversion method used is ASA-equivalent-time-v1 which is converted within the Fastwave Entry Platform. No other conversion methods will be accepted.

SC QUALIFICATION TIMES FOR ATHLETES WITH A DOWN SYNDROME

(Short Course OR converted Long Course times achieved from the 2nd December 2025 to 22nd November 2026)

MALE & OPEN	EVENT	FEMALE
00:52.53	**50m Freestyle**	00:57.17
01:32.80	**100m Freestyle**	02:00.82
03:33.73	**200m Freestyle**	04:09.88
07:09.41	**400m Freestyle**	08:44.58
00:56.65	**50m Backstroke**	01:05.71
02:02.88	**100m Backstroke**	02:04.32
03:53.53	**200m Backstroke**	04:16.59
01:04.58	**50m Breaststroke**	01:12.31
02:08.75	**100m Breaststroke**	02:21.01
04:21.07	**200m Breaststroke**	05:05.39
00:54.69	**50m Butterfly**	01:08.70
02:01.95	**100m Butterfly**	02:23.17
04:34.80	**200m Butterfly**	04:35.11
04:21.00	**200m IM**	04:40.65

Heats may be limited in order to manage session timelines.

Conversion method used is ASA-equivalent-time-v1 which is converted within the Fastwave Entry Platform. No other conversion methods will be accepted.

Appendix 3 – Converted LC Entry Qualification Standards

LC CONVERTED ENTRY QUALIFICATION STANDARDS

(Short Course OR converted Long Course times achieved from the 2nd December 2025 to 22nd November 2026)

Times in Table are the accepted LC converted times.

MALE & OPEN AGES			Event	FEMALE AGES		
Born 2010 - 2013	Born 2008 & 2009	Born 2007 & Earlier		Born 2007 & Earlier	Born 2008 & 2009	Born 2010 - 2013
00:26.20	00:25.40	00:25.10	50m Freestyle	00:28.40	00:28.60	00:28.90
00:56.80	00:55.60	00:54.90	100m Freestyle	01:01.20	01:01.20	01:02.40
02:05.70	02:01.50	02:00.50	200m Freestyle	02:14.40	02:15.50	02:15.60
04:26.70	04:19.10	04:16.20	400m Freestyle	04:41.80	04:45.50	04:49.70
09:19.90	09:16.20	09:06.40	800m Freestyle	09:42.90	09:50.10	09:54.60
17:55.60	17:48.40	17:08.80	1500m Freestyle	18:36.40	19:14.00	19:21.20
00:30.20	00:29.10	00:28.50	50m Backstroke	00:32.00	00:32.70	00:32.70
01:04.70	01:03.10	01:01.90	100m Backstroke	01:08.40	01:10.30	01:10.30
02:21.70	02:19.40	02:18.90	200m Backstroke	02:29.10	02:30.20	02:31.90
00:34.50	00:32.90	00:31.80	50m Breaststroke	00:36.50	00:37.10	00:37.40
01:14.60	01:11.60	01:10.10	100m Breaststroke	01:19.30	01:19.70	01:20.60
02:43.70	02:36.70	02:35.10	200m Breaststroke	02:54.20	02:55.80	02:55.80
00:28.50	00:27.30	00:27.00	50m Butterfly	00:30.60	00:30.70	00:31.10
01:03.60	01:01.50	01:00.60	100m Butterfly	01:08.70	01:08.70	01:10.20
02:23.50	02:23.00	02:21.80	200m Butterfly	02:45.20	02:46.00	02:46.00
n/a	n/a	n/a	100m IM	n/a	n/a	n/a
02:23.50	02:19.80	02:16.90	200m IM	02:32.30	02:32.80	02:34.70
05:09.70	05:03.30	04:59.30	400m IM	05:29.80	05:31.60	05:36.00

Heats may be limited in order to manage session timelines.

Conversion method used is ASA-equivalent-time-v1 which is converted within the Fastwave Entry Platform. No other conversion methods will be accepted.

LC CONVERTED PARA SWIMMER QUALIFICATION STANDARDS

Athletes with an S1-S3 classification please contact entries@swimireland.ie for entry consideration - **Times in Table are the accepted LC converted times.**

MALE & OPEN AGES			S4	FEMALE AGES		
Born 2010 - 2013	Born 2008 & 2009	Born 2007 & Earlier	Event	Born 2007 & Earlier	Born 2008 & 2009	Born 2010 - 2013
01:06.20	01:04.60	01:03.00	50m Freestyle	01:55.00	01:57.90	02:00.80
02:35.40	02:31.60	02:28.00	100m Freestyle	03:46.20	03:51.80	03:57.60
05:36.70	05:28.60	05:20.60	200m Freestyle	05:59.80	06:08.70	06:17.90
			400m Freestyle			
01:31.90	01:29.70	01:27.50	50m Backstroke	01:20.42	01:22.70	01:24.70
			100m Backstroke			
			50m Breaststroke			
03:16.70	03:11.90	03:07.30	100m Breaststroke	03:02.40	03:06.90	03:11.50
			50m Butterfly			
			100m Butterfly			
			200m IM			

MALE & OPEN AGES			S5	FEMALE AGES		
Born 2010 - 2013	Born 2008 & 2009	Born 2007 & Earlier	Event	Born 2007 & Earlier	Born 2008 & 2009	Born 2010 - 2013
00:46.90	00:45.80	00:44.70	50m Freestyle	00:58.70	01:00.20	01:01.70
01:53.80	01:51.00	01:48.30	100m Freestyle	02:05.20	02:08.30	02:11.40
03:37.10	03:31.90	03:26.80	200m Freestyle	04:34.50	04:41.30	04:48.30
			400m Freestyle			
01:10.10	01:08.40	01:06.70	50m Backstroke	01:05.30	01:06.90	01:08.50
			100m Backstroke			
			50m Breaststroke			
02:13.00	02:09.80	02:06.70	100m Breaststroke	03:06.80	03:11.50	03:16.20
00:57.10	00:55.70	00:54.40	50m Butterfly	01:22.30	01:24.40	01:26.50
			100m Butterfly			
04:18.60	04:12.40	04:06.30	200m IM	05:11.10	05:18.80	05:26.70

MALE & OPEN AGES			S6	FEMALE AGES		
Born 2010 - 2013	Born 2008 & 2009	Born 2007 & Earlier	Event	Born 2007 & Earlier	Born 2008 & 2009	Born 2010 - 2013
00:39.20	00:38.30	00:37.30	50m Freestyle	00:46.80	00:47.90	00:49.10
01:25.00	01:23.00	01:21.00	100m Freestyle	01:43.20	01:45.80	01:48.40
			200m Freestyle			
07:15.90	07:05.40	06:55.20	400m Freestyle	09:31.50	09:45.70	10:00.20
			50m Backstroke			
01:46.60	01:44.00	01:41.50	100m Backstroke	02:02.00	02:05.00	02:08.10
			50m Breaststroke			
02:05.80	02:02.80	01:59.90	100m Breaststroke	02:55.20	02:59.50	03:04.00
00:49.10	00:47.90	00:46.80	50m Butterfly	01:01.40	01:02.90	01:04.40
			100m Butterfly			
03:55.70	03:50.00	03:44.50	200m IM	04:04.40	04:10.50	04:16.60

Conversion method used is ASA-equivalent-time-v1 which is converted within the Fastwave Entry Platform. No other conversion methods will be accepted.

LC CONVERTED PARA SWIMMER QUALIFICATION STANDARDS

MALE & OPEN AGES			S7	FEMALE AGES		
Born 2010 - 2013	Born 2008 & 2009	Born 2007 & Earlier	Event	Born 2007 & Earlier	Born 2008 & 2009	Born 2010 - 2013
00:36.50	00:35.60	00:34.80	50m Freestyle	00:44.80	00:45.90	00:47.00
01:21.80	01:19.80	01:17.90	100m Freestyle	01:34.40	01:36.80	01:39.10
			200m Freestyle			
07:13.20	07:02.80	06:52.60	400m Freestyle	07:25.80	07:36.80	07:48.10
			50m Backstroke			
01:38.00	01:35.60	01:33.40	100m Backstroke	02:53.90	02:58.20	03:02.60
			50m Breaststroke			
02:11.20	02:08.10	02:05.00	100m Breaststroke	02:12.90	02:16.20	02:19.50
00:46.10	00:45.00	00:43.90	50m Butterfly	01:11.90	01:13.70	01:15.50
			100m Butterfly			
04:01.00	03:55.20	03:49.60	200m IM	04:06.10	04:12.20	04:18.40

MALE & OPEN AGES			S8	FEMALE AGES		
Born 2010 - 2013	Born 2008 & 2009	Born 2007 & Earlier	Event	Born 2007 & Earlier	Born 2008 & 2009	Born 2010 - 2013
00:34.20	00:33.40	00:32.60	50m Freestyle	00:39.60	00:40.60	00:41.60
01:13.30	01:11.50	01:09.80	100m Freestyle	01:26.00	01:28.10	01:30.20
			200m Freestyle			
05:56.80	05:48.30	05:40.00	400m Freestyle	06:29.00	06:38.60	06:48.40
			50m Backstroke			
01:24.30	01:22.30	01:20.40	100m Backstroke	01:52.30	01:55.10	01:57.90
			50m Breaststroke			
01:40.40	01:38.00	01:35.70	100m Breaststroke	01:54.20	01:57.00	01:59.90
			50m Butterfly			
01:26.00	01:24.00	01:22.00	100m Butterfly	02:11.40	02:14.70	02:18.00
03:10.40	03:05.90	03:01.40	200m IM	03:37.10	03:42.40	03:47.90

MALE & OPEN AGES			S9	FEMALE AGES		
Born 2010 - 2013	Born 2008 & 2009	Born 2007 & Earlier	Event	Born 2007 & Earlier	Born 2008 & 2009	Born 2010 - 2013
00:30.00	00:29.30	00:28.60	50m Freestyle	00:33.60	00:34.50	00:35.30
01:05.70	01:04.20	01:02.70	100m Freestyle	02:52.40	01:14.10	01:16.00
			200m Freestyle			
05:17.00	05:09.50	05:02.20	400m Freestyle	05:38.60	05:46.80	05:55.30
			50m Backstroke			
01:18.00	01:16.20	01:14.40	100m Backstroke	05:36.90	01:29.00	01:31.20
			50m Breaststroke			
01:26.80	01:24.80	01:22.80	100m Breaststroke	01:40.10	01:42.60	01:45.20
			50m Butterfly			
01:13.70	01:12.00	01:10.30	100m Butterfly	01:25.80	01:27.90	01:30.00
02:50.50	02:46.40	02:42.50	200m IM	03:06.30	03:10.90	03:15.50

MALE & OPEN AGES			S10	FEMALE AGES		
Born 2010 - 2013	Born 2008 & 2009	Born 2007 & Earlier	Event	Born 2007 & Earlier	Born 2008 & 2009	Born 2010 - 2013
00:30.10	00:29.40	00:28.70	50m Freestyle	00:34.50	00:35.30	00:36.10
01:05.90	01:04.30	01:02.80	100m Freestyle	01:12.60	01:14.30	01:16.10
			200m Freestyle			
05:20.50	05:12.90	05:05.50	400m Freestyle	05:58.70	06:07.04	06:16.40
			50m Backstroke			
01:22.30	01:20.40	01:18.50	100m Backstroke	01:32.80	01:35.10	01:37.40
			50m Breaststroke			
			100m Breaststroke			
			50m Butterfly			
01:14.20	01:12.40	01:10.70	100m Butterfly	01:30.40	01:32.60	01:34.90
02:55.30	02:51.10	02:47.10	200m IM	03:11.70	03:16.40	03:21.20

Conversion method used is ASA-equivalent-time-v1 which is converted within the Fastwave Entry Platform. No other conversion methods will be accepted.

LC CONVERTED PARA SWIMMER QUALIFICATION STANDARDS

MALE & OPEN AGES			S11	FEMALE AGES		
Born 2010 - 2013	Born 2008 & 2009	Born 2007 & Earlier	Event	Born 2007 & Earlier	Born 2008 & 2009	Born 2010 - 2013
00:33.60	00:32.80	00:32.00	50m Freestyle	00:46.60	00:47.70	00:48.90
01:15.70	01:13.90	01:12.10	100m Freestyle	01:50.10	01:52.80	01:55.60
			200m Freestyle			
06:20.60	06:11.50	06:02.60	400m Freestyle	07:17.10	07:27.90	07:39.00
			50m Backstroke			
01:36.00	01:33.70	01:31.50	100m Backstroke	01:42.10	01:44.60	01:47.20
			50m Breaststroke			
01:50.60	01:48.00	01:45.40	100m Breaststroke	01:57.10	02:02.90	02:02.90
			50m Butterfly			
01:37.30	01:35.00	01:32.70	100m Butterfly			
03:47.40	03:42.00	03:36.60	200m IM	03:46.30	03:51.90	03:57.60

MALE & OPEN AGES			S12	FEMALE AGES		
Born 2010 - 2013	Born 2008 & 2009	Born 2007 & Earlier	Event	Born 2007 & Earlier	Born 2008 & 2009	Born 2010 - 2013
00:30.30	00:29.60	00:28.90	50m Freestyle	00:41.50	00:42.50	00:43.60
01:06.00	01:04.50	01:03.00	100m Freestyle	01:50.40	01:53.10	01:55.90
			200m Freestyle			
			400m Freestyle			
			50m Backstroke			
01:41.00	01:38.50	01:36.20	100m Backstroke	01:54.80	01:57.70	02:00.60
			50m Breaststroke			
01:37.50	01:35.20	01:32.90	100m Breaststroke	02:42.10	02:46.10	02:50.30
			50m Butterfly			
01:20.40	01:18.50	01:16.60	100m Butterfly	01:38.20	01:40.60	01:43.10
			200m IM			

MALE & OPEN AGES			S13	FEMALE AGES		
Born 2010 - 2013	Born 2008 & 2009	Born 2007 & Earlier	Event	Born 2007 & Earlier	Born 2008 & 2009	Born 2010 - 2013
00:29.20	00:28.60	00:27.90	50m Freestyle	00:35.40	00:36.30	00:37.10
01:03.80	01:02.30	01:00.80	100m Freestyle	01:18.10	01:19.90	01:21.90
			200m Freestyle			
05:29.40	05:21.60	05:14.00	400m Freestyle	06:10.30	06:19.30	06:28.60
			50m Backstroke			
01:25.10	01:23.10	01:21.10	100m Backstroke	02:02.10	02:05.10	02:08.20
			50m Breaststroke			
01:31.70	01:29.50	01:27.40	100m Breaststroke	01:47.80	01:50.40	01:53.10
			50m Butterfly			
01:15.00	01:13.20	01:11.50	100m Butterfly	01:28.70	01:30.90	01:33.10
02:53.30	02:49.20	02:45.20	200m IM	03:26.90	03:31.90	03:37.20

MALE & OPEN AGES			S14	FEMALE AGES		
Born 2010 - 2013	Born 2008 & 2009	Born 2007 & Earlier	Event	Born 2007 & Earlier	Born 2008 & 2009	Born 2010 - 2013
			50m Freestyle			
			100m Freestyle			
02:19.20	02:15.90	02:12.70	200m Freestyle	02:33.90	02:37.70	02:41.50
			400m Freestyle			
			50m Backstroke			
01:13.10	01:11.40	01:09.70	100m Backstroke	01:32.80	01:35.10	01:37.40
			50m Breaststroke			
01:22.40	01:20.50	01:18.60	100m Breaststroke	01:38.20	01:40.60	01:43.10
			50m Butterfly			
01:10.10	01:08.40	01:06.80	100m Butterfly	01:26.80	01:29.00	01:31.10
02:39.70	02:35.90	02:32.30	200m IM	03:03.40	03:07.80	03:12.40

Conversion method used is ASA-equivalent-time-v1 which is converted within the Fastwave Entry Platform. No other conversion methods will be accepted.

LC CONVERTED ENTRY STANDARDS FOR ATHLETES WITH HEARING IMPAIRMENTS

(Short Course OR converted Long Course times achieved from the 2nd December 2025 to 22nd November 2026)

Times displayed in table are SC times

MALE & OPEN	Event	FEMALE
00:30.70	50m Freestyle	00:34.70
01:08.10	100m Freestyle	01:16.00
02:29.60	200m Freestyle	02:44.50
05:14.70	400m Freestyle	05:58.50
11:01.60	800m Freestyle	12:02.00
20:57.10	1500m Freestyle	22:40.30
00:34.50	50m Backstroke	00:39.00
01:17.90	100m Backstroke	01:27.20
02:48.50	200m Backstroke	03:08.00
00:37.00	50m Breaststroke	00:45.70
01:21.00	100m Breaststroke	01:35.60
02:56.20	200m Breaststroke	03:30.90
00:32.90	50m Butterfly	00:37.40
01:11.70	100m Butterfly	01:22.10
02:46.00	200m Butterfly	03:06.00
02:47.10	200m IM	03:07.00
05:51.20	400m IM	06:45.30

Heats may be limited in order to manage session timelines.

Conversion method used is ASA-equivalent-time-v1 which is converted within the Fastwave Entry Platform. No other conversion methods will be accepted.

LC CONVERTED QUALIFICATION TIMES FOR ATHLETES WITH A DOWN SYNDROME

(Short Course OR converted Long Course times achieved from the 2nd December 2025 to 22nd November 2026)

MALE & OPEN	EVENT	FEMALE
00:52.90	**50m Freestyle**	00:57.50
01:33.70	**100m Freestyle**	02:01.50
03:35.40	**200m Freestyle**	04:11.30
07:12.70	**400m Freestyle**	08:47.30
00:57.00	**50m Backstroke**	01:06.00
02:03.50	**100m Backstroke**	02:05.00
03:55.00	**200m Backstroke**	04:17.90
01:05.10	**50m Breaststroke**	01:12.70
02:09.70	**100m Breaststroke**	02:21.90
04:23.10	**200m Breaststroke**	05:07.10
00:55.00	**50m Butterfly**	01:09.00
02:02.60	**100m Butterfly**	02:23.70
04:36.00	**200m Butterfly**	04:36.30
04:22.50	**200m IM**	04:42.10

Heats may be limited in order to manage session timelines.

Conversion method used is ASA-equivalent-time-v1 which is converted within the Fastwave Entry Platform. No other conversion methods will be accepted.