

Munster Future Challengers Meet 1

Dear Club Secretary,

Enclosed please find entry details for the **Munster Future Challenges Meet (Level 2)**

This meet is open to all swimmers registered with Munster clubs and aged between 10 and 14 (as of 31st December 2026). Events offered are 50m Backstroke & Butterfly; 100m Backstroke, Butterfly & IM and 200m Backstroke and IM. There will be Mixed 4x25m Freestyle & Medley Relays. Please refer to the Schedule for age criteria for each event and please adhere to the progression guidelines as directed by the National Performance Director.

Venue:	Waterford – License Number 2S – 26/27 – M002 and Mayfield – License Number 2S – 26/27 – M003
Host 1 – Waterford	Clonmel, Dungarvan Barracudas, Kingfisher, Limerick, Nenagh, Splashworld, Sharks, Streamline, Tipperary Tiger Sharks and Waterford.
Host 2 - Dolphin	Askeaton, Blackrock, Celtic Waves, Clonakilty Penguins, Dolphin, Ennis, Fermoy, Killarney, Kingdom, Mallow, Sundays Well and West Cork Orcas.
Format:	SHORT COURSE.
Time:	Sunday 11 th October 2026. Session 1: Warm Up at 9:00am Start at 10:00am Session 2: Warm Up at 13:30pm Start at 14:30pm TBC
Session Start Times:	The Start Times of Sessions, and the structure of the Sessions, as indicated in the Order of Events may be changed to accommodate the number of entries received and to fit these within the logistics of running the Meet in a manner that complies with Swim Ireland Meet Licensing Criteria.
Fee:	€ 9 per Individual Event €25.00 per Relay Team Please note that entries are non-refundable once the final date for payment has passed. Closing Date for receipt of Entry Fees is Friday 2nd October 2026.
Payment:	Payment by Bank Transfer Name of Account: 'Swim Ireland Munster Region' IBAN: IE70AIBK93251559772394 BIC: AIBKIE2D When transferring directly, please reference the club and gala on the transfer narrative, and email the Treasurer to confirm the transfer at munstertreasurer@swimireland.ie
Eligibility:	Only swimmers registered with Munster clubs, aged between 10 and 14, are eligible to enter this gala. Ages are as on 31st December 2026
Entries:	All entries for Swim Munster Meets must be uploaded in Hytek format to the Fastwave platform at www.fastwave.ie Any queries on entries to munsterentries@swimireland.ie
Entries By:	17:00hrs Wednesday 30th September 2026
Entry Limits:	Swimmers can enter a maximum of 3 individual events and are limited to one distance per stroke.
Entry Considerations	The following guidance is provided to support entry decisions: 1. Athletes should be able to complete the race distance with the given stroke/s and have proven this in at least one meet/time trial prior to entry; 2. Athletes should be capable of executing the stroke/s legally; 3. Athletes should be capable of executing legal turns and good streamlining;

	4. <i>Athletes must swim in the corresponding 50m event prior to entering the 100m event, and the 100m event prior to entering the 200m event;</i> 5. <i>Athletes should only enter events on the recommendation from their coach.</i>
Consideration Times:	There are no Consideration Times for this event.
Important Entry Considerations :	Swimmers who compete in this meet may not compete in the Munster Aspiring Champions meet scheduled for 17 th & 18 th October 2026. In general, for each half season (short course and long course) a swimmer may swim in either the Future Challengers series or the Aspiring Champions series, but not both . Swimmers may swim in the Future Challengers series for the Short Course season and then progress to the Aspiring Champions series for the long course season. A fine of €250 will be imposed on a club found to enter a swimmer in both the Future Challengers and Aspiring Champions meets in the same part of the season (short course/long course).
Scratches:	Scratches for this gala will close at 5pm on the evening before the gala: that is 5pm on Saturday 10th October 2026 . Scratches to be sent via email to www.fastwave.ie
Relays:	Clubs may collaborate to enter relays. Clubs may also enter more than one relay team per event. Relays are Mixed 4 x 25m Freestyle and Medley. • 10-11 years swim in the morning session, and • 12-14 years swim in the afternoon session.
Swim Ireland Registration Number:	A Swim Ireland registration number must be included with every entry. This number is the unique identifier of every swimmer in the National Database.
Entry Name Protocols:	The results from this Future Challengers meet will be added to the Swim Ireland and Munster databases. To ensure that results get attributed correctly to swimmers, please ensure the format of names within your Team Manager (or similar) database, and provided with entries is as follows: All those with a Mac/Mc surname need to have a space after the Mac/Mc (e.g. Mac Dougal, Mc Donnell). All those with an 'O' need to be written as e.g. O'Donnell (no space before or after the apostrophe). This is irrespective of whether or not that is how the swimmer normally writes their name.
Heats and Finals:	All events are HDW. There will be no Finals.
Note on times achieved:	Please note that this is a Level 2 Meet. Times achieved in the Future Challengers Meets can be used to qualify for Regional Age Group Championships (SC and LC) but <u>NOT</u> to qualify for Irish Summer National Age Group Championships.
Awards:	Wristbands will be awarded to all swimmers for each event where they meet the time standard. The times to be achieved in order to receive bands are available in the table listed below. In addition, Medals will be awarded to 1st, 2nd, & 3rd in each age group in the 2026/2027 season. Medals will also be awarded to Para Swimmers where applicable.
Accreditation:	It is the responsibility of each club to ensure that all Coaches and Team Managers working at each session hold valid Garda Vetting and Safeguarding Level 1. Only people with valid Garda Vetting and Safeguarding will be permitted on the Pool Deck Wristbands will be issued on a quota basis for all Team Staff, a different colour for each season. These wristbands must be worn and easily visible, at all times.

Officials:	To ensure the smooth running of the event each Club must provide officials for each session to help with Timekeeping / Turn Judge duties. Officials will be allocated to each club on the basis of one official per every 5 athletes entered (1:5). This allocation is on a per session basis. Swim Munster will provide the key officials for each session. Swim Munster will circulate an Officials Rota during the week before the event.
Transgender and Non-Binary Participation and Competition Policy:	In accordance with the Swim Ireland Transgender and Non-Binary Participation and Competition Policy, this competition will be conducted within relevant age specific groups and will be conducted in two categories: 1. Female: athletes with a birth sex of female. 2. Open: athletes with a birth sex of male, trans or non-binary competitors and any competitor not eligible for the Female category. For further information visit the Transgender and Non-Binary Participation and Competition Policy
Swimsuits:	Tech Suits will NOT be permitted at the Future Challengers Series Meets irrespective of age. We ask clubs to ensure coaches, parents and athletes are fully aware of the policy so that we avoid any negative experiences on poolside. Full details of the policy can be found at Swim Ireland Swimwear Policy – Guidelines on Swimwear – Updated January 2026
Health & Safety:	Please refer to the Health & Safety guidelines at the end of this document and also to the Swim Ireland Code of Practice for Safety (Swimming) on the Swim Ireland website.
Photography:	It is a condition of attending a Swim Ireland event that swimmers accept they may be photographed or filmed as part of the occasion, either as an individual or as a member of a group. Swimmers may also appear in a photograph or video inadvertently. Parents and swimmers must accept this. All photography and/or filming must be in accordance with Swim Ireland Guidelines. Briefing Note – Camera Devices – Policy Update Photographs cannot be taken at a Swim Ireland Munster event without first having registered the photographer and device at the administration desk. At some events, photography and filming may not be permitted at all. Photographs are not permitted on pool deck or in changing areas at all Munster events. 
Anti-Doping:	It is a condition of attending a Swim Ireland event that swimmers may be required to be tested for prohibited substances in accordance with the Sport Ireland/WADA/World Aquatics Anti-Doping rules. For further information, visit the Anti-Doping section of the Sport Ireland website.

Data Protection:	Munster Region, Swim Ireland uses a computer database to manage entries and results of swimming meets and to also manage competition records of swimmers. By submitting and accepting entries to the meet, consent is hereby given, as required by the Data Protection Act, to the holding of personal information on Munster Region computer databases. Personal data held for each swimmer will be name, date of birth, club, Swim Ireland registration number, entry times, achieved times and DQ codes. Certain elements of this data (name, club, age, times, achieved times) may be made public prior to, during or at the meet (e.g. programmes, results, Meet Mobile, etc).
Competition Rules:	<i>All Meet Conditions must be read in conjunction with the Swim Ireland General Event Rules available on the SI website. Please note that the Swim Ireland Eligibility Policy will be enforced at this competition.</i>
Code of Conduct:	<i>It is a pre-condition to a swimmer being entered for a Munster Region gala that all parents/carers who attend and/or assume officiating duties (timekeeping etc) have consented to be subject to the SI Code of Conduct.</i>

SCHEDULE OF EVENTS.				
Future Challengers – Session 1				
Event	Gender	Age Group	Distance	Stroke
1	Mixed	10-11	4x25m	Medley Relay
2	Female	10-11	100m	Individual Medley
3	Male & Open	10-11	100m	Individual Medley
4	Female	10-11	50m	Backstroke
5	Male & Open	10-11	50m	Backstroke
6	Female	10-11	50m	Butterfly
7	Male & Open	10-11	50m	Butterfly
8	Female	10-11	100m	Backstroke
9	Male & Open	10-11	100m	Backstroke
10	Female	11 yrs	200m	Individual Medley
11	Male & Open	11 yrs	200m	Individual Medley
12	Female	11 yrs	200m	Backstroke
13	Male & Open	11 yrs	200m	Backstroke
14	Mixed	10-11	4x25m	Freestyle Relay
Session 2				
Event	Gender	Age Group	Distance	Stroke
15	Mixed	12-14	4x25m	Medley Relay
16	Female	12-14	100m	Individual Medley
17	Male & Open	12-14	100m	Individual Medley
18	Female	12-14	50m	Backstroke
19	Male & Open	12-14	50m	Backstroke
20	Female	12-14	50m	Butterfly
21	Male & Open	12-14	50m	Butterfly
22	Female	12-14	100m	Backstroke
23	Male & Open	12-14	100m	Backstroke
24	Female	12-14	200m	Individual Medley
25	Male & Open	12-14	200m	Individual Medley
26	Female	12-14	100m	Butterfly
27	Male & Open	12-14	100m	Butterfly
28	Female	12-14	200m	Backstroke
29	Male & Open	12-14	200m	Backstroke
30	Mixed	12-14	4x25m	Freestyle Relay

10 year olds can only swim 50m Backstroke , 50m Butterfly, 100m Backstroke & 100m IM (but only 1 distance per Stroke) and can only swim 100m Backstroke, if they have previously swam 50m Backstroke.

11 year olds can swim 50m Backstroke, 50m Butterfly, 100m Backstroke, 200m Backstroke, 100m IM & 200m IM (but only 1 distance per Stroke) and can only swim 100m Backstroke if they have previously swam 50m Backstroke, 200m Backstroke if they have previously swam 100m Backstroke and 200m IM if they have previously swam 100m IM.

12 year olds can swim 50m Backstroke, 50m Butterfly, 100m Backstroke, 100m IM, 200m Backstroke & 200m IM (but only 1 distance per Stroke) and can only swim 100m Backstroke if they

have previously swam 50m Backstroke, 200m Backstroke if they have previously swam 100m Backstroke and 200m IM if they have previously swam 100m IM.

Entry decisions must be based on progression throughout the Strokes.

Note: Athletes are limited to 1 distance per stroke per meet.

**Competing clubs must provide at least one official
for every five swimmers, per session.**

Munster Swimming Wristband Standards 2026–2027										
Future Challenger – Short Course										
FEMALE					EVENT	MALE & OPEN				
14yrs	13yrs	12yrs	11yrs	10yrs		10yrs	11yrs	12yrs	13yrs	14yrs
00:39.51	00:41.54	00:42.37	00:46.60	00:51.25	50 Back	00:49.17	00:44.72	00:40.66	00:39.87	00:37.93
00:44.16	00:46.42	00:47.35	00:52.09	00:57.29	50 Breast	00:56.20	00:51.10	00:46.45	00:45.54	00:43.32
00:44.88	00:47.19	00:48.13	00:52.94	00:58.23	50 Fly	00:54.28	00:49.35	00:44.87	00:43.99	00:41.84
00:34.52	00:36.45	00:37.11	00:40.82	00:44.89	50 Free	00:43.87	00:39.89	00:36.26	00:35.59	00:32.44
01:13.80	01:19.35	01:21.22	01:29.34	01:38.26	100 Free	01:34.59	01:26.00	01:18.18	01:16.76	01:10.18
01:30.46	01:36.01	01:37.89	01:47.67	01:58.43	100 IM	01:55.02	01:44.57	01:35.06	01:33.10	01:26.13
01:26.50	01:32.03	01:34.04	01:41.43	01:51.72	100 Back	01:51.31	01:41.19	01:32.00	01:30.34	01:23.65
01:28.43	01:35.10	01:36.85	01:46.54	01:57.27	100 Fly	01:54.26	01:43.67	01:34.26	01:31.56	01:24.21
01:38.68	01:43.97	01:46.89	01:57.57	02:09.32	100 Breast	02:07.79	01:56.18	01:45.62	01:43.70	01:34.60
02:42.25	02:52.35	02:55.54	03:13.09	03:32.40	200 Free	03:28.20	03:09.28	02:52.08	02:48.95	02:34.89
03:08.54	03:19.86	03:23.63	03:43.99	04:06.38	200 IM	03:59.53	03:37.76	03:17.96	03:14.04	02:59.86
03:06.97	03:17.54	03:21.23	03:27.27		200 Back		03:23.80	03:17.87	03:14.23	03:00.81
03:17.79	03:28.43				200 Fly				03:23.44	03:05.90
03:38.07	03:47.21	3:47.21			200 Breast			3:44.05	03:44.05	03:27.88