Munster Future Challengers Meet 2

Dear Club Secretary,

Enclosed please find entry details for the **Munster Future Challenges Meet (Level 2)**

This meet is open to all swimmers registered with Munster clubs and aged between 10 and 14 (as of 31st December 2026). Events offered are 50m Breaststroke & Freestyle; 100m Breaststroke, Freestyle & IM: 200m Breaststroke, Freestyle & IM and 400m Freestyle. Please refer to the Schedule for age criteria for each event and please adhere to the progression guidelines as directed by the National Performance Director.

Venue:	***Kingdom – License Number 2S – 26/27 – M002 and SWSC – License Number 2S – 26/27 – M003 (Leisureworld, Bishopstown)***
Host 1 – Tralee	*Askeaton, Ballybunion, Celtic Waves, Ennis, Kenmare, Killarney, Kingdom, Kingfisher, Limerick, Nenagh, Seaworld and Tipperary Tiger Sharks*
Host 2 – Leisureworld, Bishopstown.	*Blackrock, Clonakilty Penguins, Clonmel, Dolphin, Dungarvan Barracudas, Fermoy, Mallow, Splashworld, Streamline, SWSC, Waterford and West Cork Orcas*
Format:	***SHORT COURSE.***
Time:	***Sunday 6th December 2026.*** *Session 1: Warm Up at 9:00am Start at 10:00am* *Session 2: Warm Up at 13:30pm Start at 14:30pm TBC*
Session Start Times:	*The Start Times of Sessions, and the structure of the Sessions, as indicated in the Order of Events may be changed to accommodate the number of entries received and to fit these within the logistics of running the Meet in a manner that complies with Swim Ireland Meet Licensing Criteria.*
Fee:	*€ 9 per Individual Event €25.00 per Relay Team* ***Please note that entries are non-refundable once the final date for payment has passed.***
	Closing Date for receipt of Entry Fees is Wednesday 25th November 2026.
Payment:	***Payment by Bank Transfer*** ***Name of Account:*** *'Swim Ireland Munster Region'* ***IBAN:*** *IE70AIBK93251559772394* ***BIC:*** *AIBKIE2D*
	When transferring directly, please reference the club and gala on the transfer narrative, and email the Treasurer to confirm the transfer at munstertreasurer@swimireland.ie
Eligibility:	***Only swimmers registered with Munster clubs, aged between 10 and 14, are eligible to enter this gala. Ages are as on 31st December 2026***
Entries:	*All entries for Swim Munster Meets must be uploaded in Hytek format to the Fastwave platform at www.fastwave.ie Any queries on entries to munsterentries@swimireland.ie*
Entries By:	***17:00hrs Wednesday 25th November 2026***
Entry Limits:	*Swimmers can enter a maximum of 3 individual events and are limited to one distance per stroke.*
Entry Considerations	***The following guidance is provided to support entry decisions and coaches should adhere to the progression guidelines when choosing events for athletes:*** 1. *Athletes should be able to complete the race distance with the given stroke/s and have proven this in at least one meet/time trial prior to entry;* 2. *Athletes should be capable of executing the stroke/s legally;* 3. *Athletes should be capable of executing legal turns and good streamlining;*

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<tr><td></td><td>
4. Athletes must swim in the corresponding 50m event prior to entering the 100m event, and the 100m event prior to entering the 200m event;
5. Athletes aged 12-14 years entering the 200m Breaststroke must have swum a 100m Breaststroke faster than the consideration time published below;
1. Athletes aged 12-14 years entering the 400m Freestyle must have swum a 200m Freestyle faster than the consideration time published below;
2. Athletes should only enter events on the recommendation from their coach.
<table>
<tr><th>Open</th><th>Event</th><th>Female</th></tr>
<tr><td>01:38.00</td><td>100m Breaststroke</td><td>01:44.00</td></tr>
<tr><td>02:50.00</td><td>200m Freestyle</td><td>02:57.00</td></tr>
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</td></tr>
<tr><td>Consideration Times:</td><td>There are no Consideration Times for this event.</td></tr>
<tr><td>Important Entry Considerations:</td><td>
Athletes may only compete in their own Region.
Athletes are limited to 1 distance per stroke per meet. The Meet Organiser reserve the right to limit entries in the 200m Breaststroke and 400m Freestyle.

The Future Challenger Series is open to all competitive members aged 10 to 14 years however athletes aged 13/14 years may only compete in the Future Challenger Series if they are new to competitive swimming and have not previously participated in the Aspiring Champions Series or higher-level meets and cannot compete at the Aspiring Champions Series in the same cycle i.e. the short course or long course season. Entries for the Aspiring Champions Series will be rejected if an athlete is found to have entered both competitions within the same cycle.

Participation in the Future Challenger Series for 13/14-year-olds is intended as a transitional opportunity and should be guided by the athlete's coach based on readiness and performance. These athletes are expected to progress to the Aspiring Champions Series as soon as they demonstrate the capability to compete at that level, ensuring they swim alongside their age peers in a more developmentally appropriate environment.

Athletes with a disability must be registered as members of a Swim Ireland affiliated club at the time of entry.

A fine of €250 will be imposed on a club found to enter a swimmer in both the Future Challengers and Aspiring Champions meets in the same part of the season (short course/long course).
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<tr><td>Scratches:</td><td>Scratches for this gala will close at 5pm on the evening before the gala: that is 5pm on Saturday 5th December 2026. Scratches to be sent via email to www.fastwave.ie</td></tr>
<tr><td>Relays:</td><td>
Clubs may collaborate to enter relays. Clubs may also enter more than one relay team per event.
Relays are Mixed 4 x 25m Freestyle and Medley.

10-11 years swim in the morning session, and
12-14 years swim in the afternoon session.

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<tr><td>Swim Ireland Registration Number:</td><td>A Swim Ireland registration number must be included with every entry. This number is the unique identifier of every swimmer in the National Database.</td></tr>
<tr><td>Entry Name Protocols:</td><td>The results from this Future Challengers meet will be added to the Swim Ireland and Munster databases. To ensure that results get attributed correctly to swimmers, please ensure the format of names within your Team Manager (or similar) database, and provided with entries is as follows:</td></tr>
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	All those with a Mac/Mc surname need to have a space after the Mac/Mc (e.g. Mac Dougal, Mc Donnell). *All those with an 'O' need to be written as e.g. O'Donnell (no space before or after the apostrophe). This is irrespective of whether or not that is how the swimmer normally writes their name.*
Heats and Finals:	*All events are HDW. There will be no Finals.*
Note on times achieved:	*Please note that this is a Level 2 Meet. Times achieved in the Future Challengers Meets can be used to qualify for Regional Age Group Championships (SC and LC) but* ***NOT*** *to qualify for Irish Summer National Age Group Championships.*
Awards:	*Wristbands will be awarded to all swimmers for each event where they meet the time standard. The times to be achieved in order to receive bands are available in the table listed below.* *In addition, Medals will be awarded to 1st, 2nd, & 3rd in each age group in the 2026/2027 season.* *Medals will also be awarded to Para Swimmers where applicable.*
Accreditation:	***It is the responsibility of each club to ensure that all Coaches and Team Managers working at each session hold valid Garda Vetting and Safeguarding Level 1. Only people with valid Garda Vetting and Safeguarding will be permitted on the Pool Deck*** ***Wristbands will be issued on a quota basis for all Team Staff, a different colour for each season. These wristbands must be worn and easily visible, at all times.***
Officials:	*To ensure the smooth running of the event each Club must provide officials for each session to help with Timekeeping / Turn Judge duties. Officials will be allocated to each club on the basis of one official per every 5 athletes entered (1:5). This allocation is on a per session basis.* *Swim Munster will provide the key officials for each session. Swim Munster will circulate an Officials Rota during the week before the event.*
Transgender and Non-Binary Participation and Competition Policy:	*In accordance with the Swim Ireland Transgender and Non-Binary Participation and Competition Policy, this competition will be conducted within relevant age specific groups and will be conducted in two categories:* *1. Female: athletes with a birth sex of female.* *2. Open: athletes with a birth sex of male, trans or non-binary competitors and any competitor not eligible for the Female category.* *For further information visit the Transgender and Non-Binary Participation and Competition Policy*
Swimsuits:	*Tech Suits will* ***NOT*** *be permitted at the Future Challengers Series Meets irrespective of age. We ask clubs to ensure coaches, parents and athletes are fully aware of the policy so that we avoid any negative experiences on poolside. Full details of the policy can be found at* Swim Ireland Swimwear Policy – Guidelines on Swimwear – Updated January 2026
Health & Safety:	*Please refer to the Health & Safety guidelines at the end of this document and also to the Swim Ireland Code of Practice for Safety (Swimming) on the Swim Ireland website.*
Photography:	*It is a condition of attending a Swim Ireland event that swimmers accept they may be photographed or filmed as part of the occasion, either as an individual or as a member of a group. Swimmers may also appear in a photograph or video inadvertently. Parents and swimmers must accept this. All photography and/or filming must be in accordance with Swim Ireland Guidelines. Briefing Note – Camera Devices – Policy Update*

	Photographs cannot be taken at a Swim Ireland Munster event without first having registered the photographer and device at the administration desk. At some events, photography and filming may not be permitted at all. ***Photographs are not permitted on pool deck or in changing areas at all Munster events.*** 
Anti-Doping:	*It is a condition of attending a Swim Ireland event that swimmers may be required to be tested for prohibited substances in accordance with the Sport Ireland/WADA/World Aquatics Anti-Doping rules. For further information, visit the Anti-Doping section of the Sport Ireland website.*
Data Protection:	Munster Region, Swim Ireland uses a computer database to manage entries and results of swimming meets and to also manage competition records of swimmers. By submitting and accepting entries to the meet, consent is hereby given, as required by the Data Protection Act, to the holding of personal information on Munster Region computer databases. Personal data held for each swimmer will be name, date of birth, club, Swim Ireland registration number, entry times, achieved times and DQ codes. Certain elements of this data (name, club, age, times, achieved times) may be made public prior to, during or at the meet (e.g. programmes, results, Meet Mobile, etc).
Competition Rules:	*All Meet Conditions must be read in conjunction with the Swim Ireland General Event Rules available on the SI website. Please note that the Swim Ireland Eligibility Policy will be enforced at this competition.*
Code of Conduct:	*It is a pre-condition to a swimmer being entered for a Munster Region gala that all parents/carers who attend and/or assume officiating duties (timekeeping etc) have consented to be subject to the SI Code of Conduct.*

SCHEDULE OF EVENTS.				
Future Challengers – Session 1				
Event	Gender	Age Group	Distance	Stroke
1	Mixed	10-11	4x25m	Medley Relay
2	Female	10-11	100m	Individual Medley
3	Male & Open	10-11	100m	Individual Medley
4	Female	10-11	50m	Freestyle
5	Male & Open	10-11	50m	Freestyle
6	Female	11yrs	100m	Breaststroke
7	Male & Open	11 yrs	100m	Breaststroke
8	Female	10-11	100m	Freestyle
9	Male & Open	10-11	100m	Freestyle
10	Female	10-11	200m	Individual Medley
11	Male & Open	10-11	200m	Individual Medley
12	Female	10-11	50m	Breaststroke
13	Male & Open	10-11	50m	Breaststroke
14	Female	11 yrs	200m	Freestyle
15	Male & Open	11 yrs	200m	Freestyle
16	Mixed	10-11	4x25m	Freestyle Relay
Session 2				
Event	Gender	Age Group	Distance	Stroke
17	Mixed	12-14	4x25m	Medley Relay
18	Female	12-14	100m	Individual Medley
19	Male & Open	12-14	100m	Individual Medley
20	Female	12-14	50m	Freestyle
21	Male & Open	12-14	50m	Freestyle
22	Female	12-14	100m	Breaststroke
23	Male & Open	12-14	100m	Breaststroke
24	Female	12-14	400m	Freestyle
25	Male & Open	12-14	400m	Freestyle
26	Female	12-14	50m	Breaststroke
27	Male & Open	12-14	50m	Breaststroke
28	Female	12-14	200m	Individual Medley
29	Male & Open	12-14	200m	Individual Medley
30	Female	12-14	100m	Freestyle
31	Male & Open	12-14	100m	Freestyle
32	Female	12-14	200m	Breaststroke
33	Male & Open	12-14	200m	Breaststroke
34	Female	12-14	200m	Freestyle
35	Male & Open	12-14	200m	Freestyle
36	Mixed	12-14	4x25m	Freestyle Relay

10 year olds can only swim 50m Breaststroke , 50m Butterfly, 100m Breaststroke, 100m Freestyle & 100m IM & 200m IM (but only 1 distance per Stroke) and can only swim 100m Breaststroke or Freestyle, if they have previously swam the 50m equivalent and can only swim 200m IM if they have previously swam the I00m IM.

11 year olds can swim 50m Breaststroke & 50m Freestyle, 100m Breaststroke, 100m Freestyle & 100m IM, 200m Freestyle & 200m IM (but only 1 distance per Stroke) and can only swim 100m Breaststroke or Freestyle if they have previously swam the 50m equivalent, 200m Freestyle if they have previously swam 100m Freestyle, and 200m IM if they have previously swam 100m IM.

12 year olds can swim 50m Breaststroke, 50m Freestyle, 100m Breaststroke, 100m Freestyle, 100m IM, 200m Breaststroke, 200m Freestyle & 200m IM and 400m Freestyle (but only 1 distance per Stroke) and can only swim 100m Breaststroke or Freestyle if they have previously swam the 50m equivalent, 200m Breaststroke, Freestyle or IM if they have previously swam 100m equivalent and 400m Freestyle if they have previously swam 200m Freestyle.

Entry decisions must be based on progression throughout the Strokes.

Note: Athletes are limited to 1 distance per stroke per meet.

Competing clubs must provide at least one official for every five swimmers, per session.

Munster Swimming Wristband Standards 2026–2027

Future Challenger – Short Course

FEMALE						MALE & OPEN				
14yrs	13yrs	12yrs	11yrs	10yrs	EVENT	10yrs	11yrs	12yrs	13yrs	14yrs
00:39.51	00:41.54	00:42.37	00:46.60	00:51.25	50 Back	00:49.17	00:44.72	00:40.66	00:39.87	00:37.93
00:44.16	00:46.42	00:47.35	00:52.09	00:57.29	50 Breast	00:56.20	00:51.10	00:46.45	00:45.54	00:43.32
00:44.88	00:47.19	00:48.13	00:52.94	00:58.23	50 Fly	00:54.28	00:49.35	00:44.87	00:43.99	00:41.84
00:34.52	00:36.45	00:37.11	00:40.82	00:44.89	50 Free	00:43.87	00:39.89	00:36.26	00:35.59	00:32.44
01:13.80	01:19.35	01:21.22	01:29.34	01:38.26	100 Free	01:34.59	01:26.00	01:18.18	01:16.76	01:10.18
01:30.46	01:36.01	01:37.89	01:47.67	01:58.43	100 IM	01:55.02	01:44.57	01:35.06	01:33.10	01:26.13
01:26.50	01:32.03	01:34.04	01:41.43	01:51.72	100 Back	01:51.31	01:41.19	01:32.00	01:30.34	01:23.65
01:28.43	01:35.10	01:36.85	01:46.54	01:57.27	100 Fly	01:54.26	01:43.67	01:34.26	01:31.56	01:24.21
01:38.68	01:43.97	01:46.89	01:57.57	02:09.32	100 Breast	02:07.79	01:56.18	01:45.62	01:43.70	01:34.60
02:42.25	02:52.35	02:55.54	03:13.09	03:32.40	200 Free	03:28.20	03:09.28	02:52.08	02:48.95	02:34.89
03:08.54	03:19.86	03:23.63	03:43.99	04:06.38	200 IM	03:59.53	03:37.76	03:17.96	03:14.04	02:59.86
03:06.97	03:17.54	03:21.23			200 Back			03:17.87	03:14.23	03:00.81
03:17.79	03:28.43				200 Fly				03:23.44	03:05.90
03:38.07	03:47.21	3:47.21			200 Breast			3:44.05	03:44.05	03:27.88